

Handbook for Gardeners August 2023

Contents

About the Junior League of Boca Raton Community Garden Boca Raton Community Garden Mission Statement	3 3
Becoming a BRCG Gardner/Member & Plot Leasing	4
BRCG Gardener/Members' Expectations and Requirements Member Agreement & Contract	5 5
Garden Rules	5
Food Donation Policy	5
Garden Tools & Services	6
Boca Raton Community Garden Hurricane Action Plan	6
Gardening Tips and Tricks	7
Organic Gardening	7
Good Dirt - Soil Enrichment is Key!	7
Florida Growing Season	8
Successful South Florida Crops	9
Insect Management	11
Resources	12
Appendix	14
Member Agreement & Contract	15
Release of Claims	18

About the Junior League of Boca Raton Community Garden Mission Statement and History

The mission of the Junior League of Boca Raton Community Garden ("BRCG") is to cultivate the spirit of community and enhance the quality of life by creating and sustaining an organic garden of vegetables, flowers, plants, and trees. The garden fosters environmental sustainability and stewardship, advances horticultural and nutritional education, provides a beautiful and natural retreat, and produces a healthy supplemental food source for its gardeners and the hungry.

Historically, BRCG has been the largest community garden in the state of Florida, and we look forward to continuing that in our new home in Meadows Park. The original Garden boasted a beautiful pergola sponsored by Whole Foods Market Boca Raton, a Wildflower Walk, and a Permaculture Garden. Additionally, as a homage to Boca Raton's history of pineapple cultivation, two pineapple patches with 50 donated plants and fruit trees were planted in 2013. Two rows of carambola (starfruit) trees flanked the pineapple patches and both contribute fresh and delicious fruits.

The wildflower garden was made possible through The La Florida, "Land of Flowers," Community Planting Grant which allowed Master Gardener Betsy Pickup and butterfly gardener Elisabeth Hoffman to plant and promote native Florida wildflowers in the garden. The Wildflower walk was planted in Fall 2015 and blossomed into a buzz of pollinator activity and beautiful wildflowers that enhanced the park-like atmosphere in the garden.

In 2015 under the guidance of gardener Lynn Russell, who is certified in permaculture, a permaculture garden was established with the assistance of the Junior League of Boca Raton and other community volunteers. The permaculture garden incorporated the four core principles of permaculture, which are Care for the Earth, Fair Share, Care for People, and Produce No Waste. Through education and by providing a positive and direct experience of organic gardening in action, our goal and mission at the BRCG are to promote and support environmental sustainability and the permaculture way of life. The permaculture garden yielded many pounds of highly nutritious organic fruits and vegetables of which 100% was donated to Boca Helping Hands.

We continue these permaculture traditions at the new home of the Junior League of Boca Raton Community Garden at Meadows Park, where many of the original fruit trees were successfully transplanted and a new crop of tropical fruits, including bananas, mango, papaya, and pineapple

have been planted. An additional native mulberry tree was donated and planted through our partnership with the City of Boca Raton Office of Sustainability and Community Greening. Several of the larger deciduous trees were moved from the original garden location to the new location of the Butterfly Garden/Pollinator Area on the west side of the tennis courts in Meadows Park.

The new Junior League of Boca Raton Community Garden officially opened in the Fall of 2021 and offers over 100 plots for lease, a shade pavilion for meetings and educational events and a fruit forest within the garden walls. After much planning and consulting with master gardeners and experts in the field of native plants, a new Butterfly Garden/Pollinator Area was established in April 2022, making a native plant and pollinator habitat out of an unused

grass-covered field on the west side of the tennis courts. Thanks to a generous grant from the SunSafe Foundation, the Junior League of Boca Raton will be able to install a large shade pavilion and seating area for the enjoyment of visitors to the Butterfly Garden, as well.

Becoming a BRCG Gardner & Plot Leasing

Garden membership is open to the public. Plots are leased annually; leases run from August 1st to July 31st. Plots are leased in three sizes:

4x4 ADA: \$60 per year

4x4: Non-ADA \$75 per year

4x8: \$100 per year

4x12: \$125 per year

Pricing and availability are subject to change. All plot leases include water and access to various garden tools. BRCG Gardeners are responsible for providing plants, water irrigation tools such as hoses and timers, bedding soil and soil amendments, and of course caring for your garden.

To join, all gardeners must complete the "Boca Raton Community Garden Registration Form," pay for their plot at www.jlbr.org website, and print, sign, and return both the Release of All Claims and the Garden Agreement and Rules. Garden plot yearly leasing begins on August 1, 2023. Leasing will be assessed on a first-come, first-served basis. One plot per household.

All BRCG Gardeners must follow all rules enumerated by the Boca Raton Community Garden Committee. Failure to follow rules could result in the loss of a garden plot without compensation. BRCG Gardeners are also expected to participate in our food donation policy. Details regarding all membership obligations and expectations are discussed in this BRCG handbook.

BRCG Gardener Expectations and Requirements

Member Agreement and Contract & Release of Claims

Gardeners must print, sign, and return both the Release of All Claims and the Garden Agreement and Rules located at the end of the handbook before beginning work in the garden. These forms can be placed in the drop box located near the entrance of the BRCG or dropped off/mailed to the Junior League of Boca Raton office located at 261 NW 13th Street, Boca Raton, FL 33432.

Garden Rules

- 1. BRCG is organic. The use of commercial pesticides and herbicides is prohibited. Gardeners must agree to abide by organic practices, as set out by the master gardener. 2. Pets are not allowed on the BRCG premises, with the exception of service animals. 3. Drugs, alcohol, weapons, and illegal substances are strictly prohibited. 4. Structures or trees/plantings within garden plots should not exceed 6 feet in height. All structures must be safe and architecturally sound. Perimeter fences around plots are not permitted. Scrap construction materials are prohibited.
- 5. Children must be accompanied by an adult at all times at the BRCG. 6. Skateboards, rollerblades, bicycles, and motorized vehicles are prohibited. 7. Garden hours are Monday through Saturday from 8:00 AM to 7:00 PM, and Sunday from 8:00 AM to Sunset.
- 8. All Gardeners must attend a brief informational meeting on the Garden Rules. <u>Attendance is mandatory for all Gardeners.</u>
- 9. Gardeners are welcome to join the closed Facebook Group: Friends of the Boca Raton Community Garden, a group page for the Boca Raton Community Garden to share events, gardening ideas, and suggestions. For gardener members, community partners, and supporters of the garden. This page is not an official page of the Junior League of Boca Raton or monitored by their social media team. Any views and comments expressed by users on this Facebook group are those of the users and do not necessarily reflect the views of the Junior League of Boca Raton. All site users are personally responsible for the content of their own posts.

Food Donation Policy

The Junior League of Boca Raton Community Garden is committed to donating at least 10% of each annual harvest from the garden plots. BRCG Gardeners must agree to donate and track food donations. Donations can be taken to Boca Helping Hands, a 501(c)(3) tax-exempt organization located at 1500 NW 1st Court Boca Raton, Florida 33432. Food donations are to be provided at the north end of the building. Donation hours are Monday - Friday 8:30 AM - 3:30 PM, Saturday 9:30 AM-Noon, and Sunday Closed. Food donations will be weighed and an official receipt for the donation of goods will be provided as a record of your tax-deductible contribution. All donations must be recorded and tracked by forwarding a photo of the receipt and harvest donated by email to the Garden Committee Chair(s) at garden@gardeners.com place their donation receipts in the garden's drop box at the BRCG.

Garden Tools & Services

BRCG Gardeners are expected to supply their own seeds/plants, water irrigation tools such as hoses and timers, bedding soil, and soil amendments. The BRCG does provide organic soil and mulch on occasion, but only if donated soil is available and will be distributed on a first-come, first-served basis, while supplies last. In addition, the BRCG has various tools onsite that BRCG Gardeners can access. On occasion, the BRCG will leave seedlings for the BRCG Gardeners, but this is not guaranteed. If Gardeners choose to bring their own, we suggest the following list of allowable tools:

- Soil
- Fork
- Gloves
- Hand Fork, Claw, or Cultivator
- Hand Pruners
- Hoe
- Hose
- Shovels & Spades
- Stakes
- Trowel
- Watering Can
- Wheelbarrow

Water, trash removal, and recycling will be provided by the City of Boca Raton. Gardeners will need to supply any water irrigation tools for their plot.

Just as a reminder there is no electricity in the garden.

Boca Raton Community Garden Hurricane Action Plan

In the event of an official named Hurricane or Tropical Storm, BRCG Gardeners must clear all non-organic materials from their plots at least 48 hours prior to projected landfall. This includes hoses, timers, pots, garden tools/equipment, ornaments, stakes, etc.

Failure to do so will result in a fine, and the potential loss of all items left behind. The Junior League of Boca Raton is not responsible for any items left behind or any items which may go missing in the event of a storm. Gardeners are encouraged to label their items.

Gardening Tips and Tricks

Organic Gardening

Organic gardening differs from "conventional" gardening, mainly in the areas of fertilization and pest control. The organic gardener prefers to use natural and organic materials and methods and avoids using synthetic chemicals or any other practices that may be detrimental to health or the environment.

A major basis for organic gardening is the use of abundant quantities of organic material applied to the soil. This is essential in South Florida's porous sandy soils that drain too well and must be amended with organic matter for better moisture retention. Organic matter is found in the form of animal manures, plant manures, cover crops, compost, or mixed organic fertilizer. Under suitable conditions, the organic matter is decomposed by microorganisms such as fungi, algae, bacteria, molds, and earthworms. In this process, insoluble and unavailable nutrients such as nitrogen are gradually changed into simple, usable products.

Natural and organic materials which yield plant nutrients upon decomposition are available for purchase and may be used separately or combined, used in a compost pile, or mixed with manure. Since organic fertilizer and soil conditioning materials work at a slower pace compared to synthetic materials, they should be thoroughly mixed into the soil at least three weeks ahead of planting. Garden supply centers are now carrying more organic products, and many are also available online.

Good Dirt - Soil Enrichment is Key!

Increase Fertility and Water Retention by Incorporating Organic Matter.

Each gardener is responsible for providing their own soil. From time to time, we will receive soil donations; however, the soil is not normally provided to Gardeners.

Prepare soil three weeks before planting. Soil amendments are a necessary addition to improve the structure of south Florida's sandy soil; to increase the organic content so that the soil is more capable of holding nutrients and moisture. When organic materials are added to the soil, they also act as fertilizers, providing a mix of nutrients to the roots. Use a pitchfork to mix organic additives, aerate, and loosen the soil so roots penetrate.

Organic soil amendments include bone meal, chicken manure, compost, kelp meal or ground-up seaweed, fish and shellfish meal, worm castings, sulfur for alkaline soils, and dolomite lime for acid soils. Soil pH is important because it governs how available nutrients are to plants. The best

pH range for vegetable gardens on sandy soil is between 5.8 and 6.3. If your soil pH is between 5.5 and 7.0, no adjustments need to be made.

Soil testing can be done through IFAS Lab in Gainesville (www. edis.ifas.ufl.edu) or A&L Agri Lab in Deerfield (561-571-2103).

Compost is organic matter which has been broken down over a period of time by microorganisms. Compost can be made over time in a pile or container, or bought, packaged, and sold at garden centers, often in an organic soil mix such as Fafard 3B potting mix.

Because nutrients leach easily through south Florida's large particle sandy soil, plants need to be enriched with organic materials by a side-dressing application during the growing season. Compost and commercial organic fertilizers such as Zoom and Dynamic Organic Fertilizer are available from garden centers and should be added regularly according to the package recommendations.

Florida Growing Season

Gardening in South Florida is most fruitful from October through May. Our gardening season purposely coincides with the milder temperatures occurring in October through May. We encourage the gardeners to prep the soil in late September and early October and plant in October and in November. It should be noted that hurricane season officially starts June 1 and ends December 1. Plots not planted and tended to over summer, should be cleared and put to bed with cardboard and a layer of hay or mulch. A summertime hiatus, leaving soil fallow and clear of plant material, breaks down the insect life cycle and cuts down on insect infestation.

If a gardener plans on growing a garden in the summer months, we suggest covering crops that help to replenish the soil by adding nutrients like nitrogen. These include sweet potato, okra, arugula, marigold, peanuts, and other legumes. Another option for summer planting includes crops that can survive the extremes of weather typical of a Florida summer such as eggplants, hot peppers, Okinawan spinach, marigolds, and sun hemp.

Soil solarization is also a recommended process to cover your weed-clean plot with a transparent air-proof plastic to accumulate solar energy, which raises soil temperature. Soil solarization improves soil chemistry and protection from soil erosion. The major purpose of soil solarization is to kill weeds and pests with the obtained heat. To help with insect control and disease in the hot summer months, we will require gardeners to harvest their tomatoes and remove all tomato plants from their garden plots by the end of the month of May each growing season.

Successful South Florida Crops

' Crop	Planting Dates South	Transplant Ability	Sp	acing	Days to Harvest
			Rows	Plants	
Beans, bush	Sept-Apr	Ш	18-30	2-3in	50-60
Beans, pole	Aug-Apr	Ш	40-48	3-6in	55-70
Beans, lima	Aug-Apr	Ш	24-36	3-4in	65-75
Beets	Oct-Feb	I	14-24	3-5in	50-65
Broccoli	Sept-Jan	I	30-36	12-18in	75-90
					90-110
Cabbage	Sept-Jan	ı	24-36	12-24in	(70-90)
	Aug-Sept				75-90
Cantaloupes	Feb-Mar	ш	60-72	24-36	(65-75)
Carrots	Oct-Feb	П	16-24	1-3in	65-80
					75-90
Cauliflower	Oct-Jan	I	24-30	18-24	(55-70)
					115-125
Celery	Oct-Jan	П	24-36	6-10in	(80-105)
					70-90
Chinese cabbage	Nov-Jan	I	24-36	12-24in	(60-70)
Collards	Aug-Feb	1	24-30	10-18in	70-80
Corn, sweet	Aug-Mar	III	24-36	12-18in	60-95
					50-65
Cucumbers	Sept-Mar	ш	26-60	12-24in	(40-50)
	Dec-Feb				90-110
Eggplant	Aug-Oct	I	26-42	24-36in	(75-90)
Endive/Escarole	Sept-Jan	Í	18-24	8-12in	80-95

Kale	Sept-Jan	II	24-30	12-18in	70-80
Kohlrabi	Oct-Feb	П	24-30	3-5in	(50-55)
Сгор	Planting Dates South	Transplant Ability	Spacing		Days to Harvest
Lettuce: Crisp, Butter-head,Leaf & Romaine	Sept-Jan	1	24-Dec	8-12in	50-90
Mustard	Sept-Mar	Ш	14-24	1-6in	40-60
Okra	Aug-Sept	Ш	24-40	6-12in	50-75
Onions, Bulbing	Sept-Nov	Ш	12-24in	4-6in	120-160 (110-120)
Onions, Bunching					50-75
(Green onions)	Sept-Mar	Ш	12-24in	1-2in	(30-40)
Onions,					
(Shallots)		ш	18-24	6-8in	(30-40)
Peas, English	Sept-Feb	ш	24-36	2-3in	50-70
Peas, southern	Aug-Apr	Ш	30-36	2-3in	60-90
					80-100
Peppers	Aug-Mar	I	20-36	12-24in	(60-80)
Potatoes	Sept-Jan	II	26-42	8-12in	85-110
Potatoes, sweet	Feb-June	I	48-54	12-14in	(120-140)
	Jan-Feb				90-120
Pumpkin	Aug-Sept	ш	60-84	36-60	(80-110)
Radish	Oct-Mar	Ш	12-18in	1-2in	20-30
Spinach	Oct-Jan	п	14-18	3-5in	45-60
	Jan-Mar				40-55
Squash, Summer	Sept-Oct	Ш	36-48	24-36	(35-40)
	Jan-Feb				80-110
Squash, Winter	Sept	Ш	60-90	36-48	(70-90)
Strawberry	Oct-Nov	I	36-40	10-4in	(90-110)
					90-110
Tomatoes, Stake	Aug-Mar	I	36-48	18-24in	(75-90)

Tomatoes, Ground	я.	I	40-60	36-40	90-110 (75-90)
Сгор	Planting Dates South	Transplant Ability	Sp	acing	Days to Harvest
					90-110
Tomatoes, Container	Aug -Mar	I			(75-90)
Turnips	Oct-Feb	Ш	12-20in	4-6in	40-60
	Jan-Mar				85-95
Watermelon, Large	Aug-Sept	Ш	84-108	48-60	(80-90)
					85-95
Watermelon, Small		Ш	48-60	15-30	(80-90)
			and the second		85-95
Watermelon, Seedless	n n	Ш	48-60	15-30	(80-90)

Transplant Ability Categories:

I: Easily survives transplanting

II: Survives with care

III: Use seeds or containerized transplants only

Insect Management

Pesky Plant Eaters

During periods when infestations of various garden pests are high, control by natural means can be difficult. However, following practices and using sprays and preparations containing naturally occurring materials, such as Neem, Bacillus thuringiensis, Organocide, insecticidal soap, plant-based poisons, and diatomaceous earth can reduce losses without the use of chemical pesticides.

Please inform the garden chairs if you feel you have an infestation/pest problem. We would like to contain and address any issues as quickly as possible.

11

Organic Fungicides & Insecticides

Active Ingredient Description Control

Pyrethrum Insecticide Good Spinosad Insecticide Very Good Neem Oil Fungicide & Insecticide Fair

Copper Sulfate Fungicide Very Good Sulfur Fungicide Good B*t* Insecticide (Caterpillar) Very Good Nicotine Insecticide Fair Sabadilla Insecticide Fair Rotenone Insecticide Good Sulfur Fungicide Good Horticultural Oil Fungicide & Insecticide Fair Bicarbonates Fungicides Fair Soap Solutions Insecticides Poor

Resources

o University of Florida Cooperative Extension at Mounts Botanical Garden,

West Palm Beach, FL 33415 561-233-1757

- o Websites
 - www.communitygarden.org
 - http://edis.ifas.ufl.edu/pdffiles/vh/vh02100.pdf

o Books

- The Edible Landscape by Tom McCubbin
- <u>Vegetable Gardening in Florida</u> by James M. Stephens
- All New Square Foot Gardening by Mel Bartholomew
- Seed Catalogs:
 - Johnny's Selected Seeds
 - Tomato Growers Supply Company
- Additional books on gardening can be found at the Boca Raton Library

o Local shops

• Ellenville Garden Center,

220 NE 11th St. Boca Raton, FL 33432, 561-245-7347,

Ace Hardware,

50 SE 6th Ave Delray Beach, FL 33483, 561-278-1144,

www.acehardware.com

• Nu Turf Garden Center,

2801 North Dixie Hwy Pompano Beach, FL 33064, 954-942-8409 www.nuturfpompano.com

■ Delray Garden Center,

3827 W. Atlantic Ave., Delray Beach, FL 33445, 561-243-6869 www.delgarden.com

Appendix



BOCA RATON COMMUNITY GARDEN MEMBER AGREEMENT AND CONTRACT 2023-2024 Growing Year

As an accepted member of the Boca Raton Community Garden ("BCRG"), I agree to the following terms and conditions. Failure to follow such terms and conditions may result in garden privileges being revoked and/or plots being reassigned.

- 1. Gardeners must each complete a Release of Liability and Assumption of Risk ("Release") prior to commencing any work in the garden.
- 2. GARDENERS MUST AGREE TO FOLLOW THE GARDEN RULES AS OUTLINED IN THE BCRG HANDBOOK, SUBJECT TO ANY ADDITIONAL INFORMATION, RULES OR REGULATIONS THAT MAY BE ADDED DURING THE BCRG GROWING YEAR BY THE BRCG COMMITTEE GARDEN CHAIR(S).
- 3. Gardeners must take custody of their assigned plot before September 15, 2023. Plots must be cultivated and planted by October 15, 2023.
- 4. Gardeners' plants must stay within their assigned plot area and may not encroach on another Gardener's plot or the common areas.
- 5. Members must keep their plots and paths around their area weed free and mulched to protect adjacent plots and maintain the health and appearance of BCRG.
- 6. Junior League of Boca Raton ("JLBR") reserves the right to redistribute ownership of unmaintained or neglected/abandoned plots with fourteen (14) days' notice.
- 7. Gardeners agree to donate 10% of their bounty to approved community partner beneficiaries, which such beneficiaries will be identified at the discretion of JLBR. Please see the donation policy portion of the BRCG Handbook for more information.
- 8. Garden plots must be cleared and left in good condition at the end of the growing season no later than June 1, 2024, provided, however, that if the gardener will cultivate summer crops, then such plots shall be cleared no later than August 1, 2024.

1 of 2 (Member Agreement)

- 9. Renewals of garden plots will be between August 1, 2023 through August 30, 2023. Garden plots not renewed by September 15, 2023 will automatically be available for a new lease to another gardener. (Renewals can be paid online at <u>JLBR.org</u>. Gardeners must sign a new Release and Member Contract prior to working in BRCG.)
- 10. Gardeners must practice responsible water use including, but not limited to, addressing leaking pipes/valves, hoses, etc. and over watering issues in the event of copious rainfall.
- 11. Gardeners are responsible for their own waste removal. Please use the provided trash receptacles.
- 12. Gardeners cannot transfer their plot lease to another party; all rentals must go through JLBR.
- 13. In the event of an official named Hurricane or Tropical Storm, BRCG Gardeners must clear all non-organic materials from their plots at least 48 hours prior to projected

landfall, including but not limited to, hoses, timers, pots, garden tools/equipment, ornaments, stakes etc.

14. Gardeners agree to follow current CDC guidelines while in the BRCG.

Garden Rules

- 1. BRCG is organic. The use of commercial pesticides and herbicides is prohibited. Gardeners must agree to abide by organic practices, as set out by the master gardener.
- 2. Pets are not allowed on the BRCG premises, with the exception of service animals.
- 3. Drugs, alcohol, weapons, and illegal substances are strictly prohibited.
- 4. Structures or trees/plantings within garden plots should not exceed 6 feet in height. The structures must be safe and architecturally sound. Perimeter fences around plots are not permitted. Scrap construction materials are prohibited.
- 5. Children must be accompanied by an adult at all times at the BRCG.
- 6. Skateboards, rollerblades, bicycles, and motorized vehicles are prohibited.
- 7. Garden hours are Monday through Saturday from 8:00 AM to 7:00 PM, and Sunday from 8:00 AM to Sunset.

I acknowledge that my failure to adhere to the above conditions may result in BRCG privileges being revoked. Monetary refunds and/or garden plots being reassigned will be at the sole discretion of JLBR.

Print Name: _	
Signature:	
Date:	
Plot Number:	

2 of 2





RELEASE OF LIABILITY AND ASSUMPTION OF RISK (BOCA RATON COMMUNITY GARDEN)

The individual named below (referred to as "I" or "me") desires to participate in the Boca Raton Community Garden ("BRCG" and such activity, the "Activity") provided by the Junior League of Boca Raton (the "JLBR"). In consideration of being permitted by JLBR to participate in the Activity, the intangible value that I will gain by participating in the Activity, and in recognition of the JLBR'S reliance hereon, I agree to all the terms and conditions set forth in this instrument (this "Release").

I AM AWARE AND UNDERSTAND THAT THE ACTIVITY IS A POTENTIALLY DANGEROUS ACTIVITY AND INVOLVES THE RISK OF SERIOUS INJURY, DISABILITY, DEATH, AND/OR PROPERTY DAMAGE (INCLUDING DAMAGE TO MY PERSONAL PROPERTY). I ACKNOWLEDGE THAT ANY INJURIES THAT I SUSTAIN MAY RESULT FROM OR BE COMPOUNDED BY THE ACTIONS, OMISSIONS, OR NEGLIGENCE OF JLBR, INCLUDING **EMERGENCY NEGLIGENT** RESPONSE OR RESCUE **OPERATIONS** NOTWITHSTANDING THE RISK, I ACKNOWLEDGE THAT I AM VOLUNTARILY PARTICIPATING IN THE ACTIVITY WITH KNOWLEDGE OF THE DANGER INVOLVED AND HEREBY AGREE TO ACCEPT AND ASSUME ANY AND ALL RISKS OF INJURY, DISABILITY, DEATH, AND/OR PROPERTY DAMAGE (INCLUDING DAMAGE TO MY PERSONAL PROPERTY) ARISING FROM THE ACTIVITY, WHETHER CAUSED BY THE ORDINARY NEGLIGENCE OF THE JLBR, ANY OF THE RELEASEES (DEFINED BELOW) OR OTHERWISE.

I hereby expressly waive and release any and all claims, now known or hereafter known, against JLBR, and its committees (including, without limitation, the BRCG Garden Committee), committee members, volunteers, the Garden Coordinator, officers, directors, manager(s), employees, agents, affiliates, members, successors, and assigns (collectively, "Releasees"), on account of injury, disability, death, or property damage (including damage to my personal property) arising out of or attributable to the Activity (including, without limitation my participation in the Activity, or revocation of my permission by the JLBR to participate in the Activity), whether arising out of the ordinary negligence of the JLBR or any Releasees or otherwise. I covenant not to make or bring any such claim against the JLBR or any other Releasee, and forever release and discharge the JLBR and all other Releasees from liability under such claims.

I shall defend, indemnify, and hold harmless the JLBR and all other Releasees against any and all losses, damages, liabilities, deficiencies, claims, actions, judgments, settlements, interest, awards, penalties, fines, costs, or expenses of whatever kind, including attorney fees, fees, the costs of enforcing any right to indemnification under this Release, and the cost of pursuing any insurance providers, arising out or resulting

from any claim of a third party related to the Activity (including, my participation in the Activity), including any claim related to my own negligence or the ordinary negligence of the JLBR.

I hereby consent to receive medical treatment deemed necessary if I am injured or require medical attention during my participation in the Activity. I understand and agree that I am solely responsible for all costs related to such medical treatment and any related medical transportation and/or evacuation. I hereby release, forever discharge, and hold harmless the JLBR from any claim based on such treatment or other medical services.

I expressly acknowledge that my permission to participate in the Activity is freely revocable by the JLBR (at any time) and in view of such fact, I expressly assume the risk of making any expenditure in connection with this permission, even if such expenditures are substantial. For the avoidance of doubt, I hereby expressly waive and release any and all claims against the JLBR for reimbursement of any expenses incurred by me in the connection with any revocation of my permission to participate in the Activity.

This Release constitutes the sole and entire agreement of the JLBR and me with respect to the subject matter contained herein and supersedes all prior and contemporaneous understandings, agreements, representations, and warranties, both written and oral, with respect to such subject matter. If any term or provision of this Release is invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other term or provision of this Release or invalidate or render unenforceable such term or provision in any other jurisdiction. This Release is binding on and shall inure to the benefit of the JLBR and me and their respective successors and assigns. All matters arising out of or relating to this Release shall be governed by and construed in accordance with the internal laws of the State of Florida without giving effect to any choice or conflict of law provision or rule (whether of the State of Florida or any other jurisdiction). Any claim or cause of action arising under this Release may be brought only in the federal and state courts located in Palm Beach, County, Florida and I hereby consent to the exclusive jurisdiction of such courts.

[SIGNATURE PAGE FOLLOWS]

BY SIGNING, I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD ALL OF THE TERMS OF THIS RELEASE AND THAT I AM VOLUNTARILY GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE JLBR.

	Signed:
	Printed Name:
	Address:
	Data
	Date: Plot Number:
below, I hereby do consent to the terms and	Signed:
	Printed Name of Parent or Legal Guardian:
	Address:
	Date:
	Plot Number: